

The West Midlander

Winter 2020



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Cover Photo by Ian Gamlen (COBOC):

The end of an Era - Ian Kevan (Ultrasport) at Cannock Chase.

Editorial

A belated Happy New Year and Happy New Decade to everyone and welcome to the Winter edition of the 'West Midlander'.

The front cover of this issue marks the end of an era with the closing of 'Ultrasport' following the retirement of Ian Kevan. 'Ultrasport' was started by Ken Broad (WRE) way back in 1977 after he left his job in H.M. Customs and Excise. Ken had a shop in the centre of Newport, Shropshire and regularly travelled the country selling orienteering supplies as well as competing at a high level in his age group. Eventually in 1999 Ken stepped aside and passed the business on to his son, Simon. Simon ran it until 2006 when Ian took over. Ian has run it since but decided to retire at the end of last year. Unfortunately, Ian was unable to find anyone to buy the business so it is now no longer trading. I wish Ian a long and happy retirement and thanks for providing such a good service over the years.

Recently the country has been battered by Storms Ciara and Dennis and the West Midlands has suffered with high winds and floods. The CompassSport Cup/ Trophy was supposed have taken place at Postensplain on 15 February (a change from the original date) but, due to the forecasted high winds, permission to hold the event was withdrawn by the Forestry Commission. It hasn't proved possible to re-arrange the date and the nearest heat, hosted by NGOG, already has more than 450 competitors so all the clubs can go to the Final at Sutton Park.

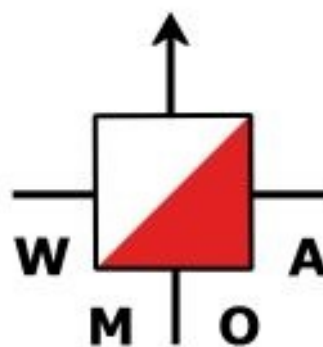
I have just been reading the latest edition of CompassSport magazine and it appears that there are now only 25 club and association newsletters being produced. The 'West Midlander' is one of only 3 regional newsletters the others being 'EMews' (EMOA) and 'Score' (SOA).

Happy orienteering,

Rod

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Minutes of WMOA Committee Meeting 9 December 2019 Great Barr Hotel

1. **Present:** R. Collins, C. Dredge, B. Elkington, B. Ford, I. Gamlen, J. Howell, R. Lewis, B. Morgan, H. Morgan, R. Rogers, S. Parker, R. Postlethwaite, A. Williams.
2. **Apologies:** R. Brandon, M. Elkington, M. White.
3. **Declarations of Interest:** None.
4. **Acceptance of Previous Minutes:** These were agreed as a true record of the meeting
Proposer: S. Parker. Seconder: B. Elkington.
5. **Matters Arising:** Date of development day had had to be changed.
6. **Correspondence:** Email from T. Callow was discussed. Each club fed back comments on this in two parts.

Part One: WMOA Meetings and AGM to be held after 'O' events to cut back on costs.

All clubs felt this was not a very viable option for committee meetings but felt that the AGM could be more central and a social occasion could attract more people. I. Gamlen stated that the cost of holding meetings at the hotel not large from WMOA budget.

R. Lewis to respond to T. Callow email.

Part Two: Changes to WM League to encourage wider participation.

Various ideas were suggested. R. Postlethwaite to review what other regions do. R. Lewis to investigate WMOA producing a 2 sided postcard showing WM League events and WM Urban League events. (Similar to UKOL postcard).

7. **Chairman's Report:** Wow! Hope everyone else is the same but this year seems to have gone so quickly, we shall soon be starting the new year with the New year's day Laurie Bradley Trophy event this year organised by HOC at Baggeridge Country Park. This is closely followed by 2 WM League events in January organised by WCH and WRE.

Well done to HOC for Winning the CompassSport Trophy and to OD for just missing out on the Cup.

Yesterday was the last league event for 2019 and well done to all the organising clubs, competitors and, of course, the winners. We must also thank Lesley Ross for doing all the admin and keeping it up to date.

The WM Urban League also came to a close with POTO's League event at Leek. Again thanks to all those involved and to Allan Williams for doing the admin.

Sunday was also the last day of trading at an event for 'Ultrasport', who will be sorely missed at future events for its range of products, banter and excellent support. Thanks Ian and enjoy your retirement.

8. **Treasurer's Report:**

Ian circulated copies of the WMOA summary of accounts. On 28/11/19 there was £9780.26 in the WMOA account and £2063.75 in the WMJS account. He invited any questions regarding the summary presented. It was felt that the budgeted income of £2500 was possibly rather optimistic however it was accepted that income is difficult to predict as it relies on assumptions about events taking place as planned and estimated attendances at events. Nevertheless, Ian is confident that we have sufficient funds even if the budgeted income is not achieved in full.

9. Fixtures:

A. Williams was unable to attend the last National Fixtures Meeting on 19/10/19.

Allan reported a healthy programme of events for 2020 with 11/12 WM League and 4/5 WM Urban League events also WM Relays and Laurie Bradley Score.

HOC's Compass Sport Cup heat has been rearranged.

JK 2024 - East Midlands are struggling for suitable areas for some of the days. Maybe looking at using Cannock Chase for Middle and Long. Possible access issues at this time.

Midland Champs 2020 - DVO not able to hold so maybe it will not be held. The implications of this were discussed.

10. West Midlander:

R. Postlethwaite asked for any articles of interest for the next copy.

M. Elkington to be asked for any good junior photos to use.

11. WMOA Website:

R. Rogers demonstrated the new website that he has been working on with M. White. Additions and feedback were both encouraged and suggested. The aim is for the site to go live on 1 February subject to agreement with Mike Farrington.

A vote of thanks was proposed from I. Gamlen to R. Rogers and M. White for all their work on the new website.

12. Development:**❑ Committee Roles and Job Descriptions:**

R. Postlethwaite suggested other regions may have these already. R. Lewis to investigate.

Roles to be submitted to the webmaster for new WMOA site.

❑ Changes to email links:

Need to be checked with Mike Farrington as some committee members not receiving emails. IG to action this.

❑ BOF Representative:

At moment we do not have one. R. Lewis to contact BOF.

13.-Events and Competitions Committee:

Nothing to report.

14. West Midlands Junior Squad:

See report on page 7.

15. Club Round up:

❑ **COBOC:** Series of Beginners/ Families/ Schools events once a month. Variable numbers. Helping other clubs - CompassSport Cup and Birmingham Urban.

❑ **HOC:** Successful event at Titterstone Clee. Full programme of Evening Events - urban and terrain. CompassSport Cup Postensplain date changed. Now a big club again in CSC.

❑ **OD:** Have a dozen POCs in parks now. Schools directed to these. Mapping town parks and schools. All local events child friendly.

❑ **POTOC:** Have a new webmaster resulting in improved advertising of events. Begun to use MapRun for training events. Full set of events for 2020.

- ❑ **WCH:** Devising a new plan to recruit members. Many problems with Cannock Chase access for events - ongoing concern.
- ❑ **WRE:** Long 'O' and Long Mynd events both successful. Tuesday evening street score events are popular. Preparations are well ahead for Wrockwardine Wood.

16. AOB:

- ❑ **Richard Lewis:** WM Champs organised by Chasers had been a very well organised event on the day. However he stressed need for WM Champs Organisers in future to be well briefed - certificates, return of trophies, publicity of courses to run. WMOA to pay for engraving of trophies at WM Champs. List of winners to be put on website.
- ❑ **Henry Morgan:** Planners Course went well but was poorly attended and there were issues with the room. R. Lewis thanked Henry and Brenda for organising it.
- ❑ WRE discussing a Coaching weekend in the Lakes. Possibly open to all in WMOA. They need a lead person/ administrator though not to coach on the day.
- ❑ **Brenda Morgan:** John O'Leary centre have not sent out bills after last courses held there.

17. Next Meeting:

9 March 2020.



Web Watch



New WMOA Website

The WMOA website was starting to show its age so it was decided to bring it up to date. Richard Rogers (WRE) and Marion White (HOC) have been busy redesigning the look and content and the new site was rolled out on 1 February 2020.

The site has been ported to Wordpress which should improve the appearance of the site on portable devices such as smartphones and tablets.

Better Orienteering Website

Duncan Bayliss (WRE) has been busy compiling a website to help both beginners and experienced orienteers improve their orienteering techniques. The site contains a wealth of information and links including lots of maps, photos and videos. The site can be found here:

<https://betterorienteering.org>

Duncan has also produced a handy summary which can be downloaded and viewed offline. Included in the document are links which direct the user back to the website. The document can be downloaded here:

<https://betterorienteering.files.wordpress.com/2019/12/better-orienteering-summary-v3-3.pdf>

West Midlands Junior Squad Report: September to December 2019



The Junior Inter Regional Championships took place on the weekend of the 28/29 September at Cowms Rocks in Yorkshire followed by the Relays at Tankersley near Sheffield.

M18	(Brown)	Oliver Flippance, Felix Lunn, Ollie Lunn, Henry Webb
M16	(Blue)	Matt Bambrook, Nathan Chapple, David Knott, Jacob Oxtoby
M14	(Light Green)	Oscar Barnby, Lewis Oxtoby
W18	(Blue)	Holly Craig
W16	(Green)	Florence & Tabitha Lunn, Pippa Smart, Holly Stodgell
W14	(Light Green)	Josie Smart

Kirsten Strain, Harriet Lawson, Rob Smart and Mike Barnby accompanied the team. The boys were 11th in the Individual & 8th in the Relays and 9th overall team. The girls were 7th in the Individual & 6th in the Relays and 6th overall putting the whole squad into 7th position.

Several training sessions have taken place. After the West Midlands Relays an informal session was held to which other younger juniors from within the West Midlands were invited. We would like to have this as an annual training event.

In October the squad trained on Burton Dassett, and in early November a training session was held on Shoal Hill. Late November saw some of our M/W 16s heading up to Hawkshead to take part in a weekend of training with all the other Regional squads.

Thank you to everyone who has helped the squad with permission/maps/registering the training. It is greatly appreciated.

If any club has children (second year 12s and above) that regularly run Orange courses in the West

Midlands League and who would be interested in joining the squad please ask their parents to look at the WMJS website to check that they qualify then e-mail us at: wmjsquad@gmail.com



Holly Craig at JIRCs 2019 Photo: Wendy Carlyle (AIRE)

Mel Elkington, Harriet Lawson & Kirsten Strain

West Midlands Championships 2019

The 2019 Championships were held on 8 December by WCH in conjunction with the final League event at Haywood Warren on Cannock Chase. The car park was on linear tracks near the old rifle range and was characterised by large numbers of mountain bikers passing through. Thankfully, there was little evidence of them in the forest. It also marked the end of an era with the very last appearance at an event of 'Ultrasport' with Ian retiring after a long time at the helm.

The area was a little disappointing as Cannock Chase, in common with many other West Midlands areas, has succumbed to the curse of the bramble. Unfortunately, the map didn't always show their presence leading to route choice becoming a bit of a lottery.

Congratulations to all the winners.

Winners

M10	Jonah Hearn	WCH	W10	Grace Allinson	WRE
M12	Max Straube-Roth	OD	W12	Darcy Dunn	POTOC
M14	Not Awarded		W14	Not Awarded	
M16	Jacob Oxtoby	OD	W16	Florence Lunn	OD
M18	Not Awarded		W18	Holly Stodgell	WCH
M20	Henry Webb	WCH	W20	Not Awarded	
M21	Thomas Lewis	WRE	W21	Not Awarded	
M35	Robert Holding	POTOC	W35	Katie Lewis	WRE
M40	Martin Piggot	POTOC	W40	Not Awarded	
M45	Tom Jeffries	OD	W45	Juliette Soulard	OD
M50	Chris McCartney	OD	W50	Vivienne Lawson	OD
M55	Alex Morgan	HOC	W55	Elizabeth Bales	POTOC
M60	Lawrence Jones	WRE	W60	Mary Adams	WCH
M65	Richard Gardner	OD	W65	Hazel Waters	WCH
M70	Keith Wildig	OD	W70	Sheila Carey	OD
M75	Peter Carey	OD	W75	Judy Douglas	POTOC
M80	Roger Hailey	OD	W80	Alison Sloman	HOC
M90	Philip Broadhead	WRE	W90	Not Awarded	

Laurie Bradley and the Purple Pen Mystery

Ian Gamlen (COBOC)



Waiting for the start

Photo by Ian Gamlen

For the 2nd time in 2 years I found myself planning the Laurie Bradley New Year's Day Score Event. It's an event I have always enjoyed taking part in. I can remember when it used to be the TSB Score and COBOC organised it in Sutton Park many years ago. This was in the days before electronic punching and those who were late were divided into pens by red and white tape at minute intervals.

In 2018 I was approached by Barry Elkington (OD) who asked if I was interested in planning the event in Sutton Park, which is just down the road from where I live. I was keen to get a bit of planning experience as I

have organised a number of events but rarely planned them. Planning a Score Event is easier than planning a Colour-Coded Event as you don't have the usual planning constraints of designing courses of various technical difficulties and distances starting and finishing in the same place.

Bruce Bryant (OD) kindly supplied me with a base map of Sutton Park and I decided to use Purple Pen to plan the course. Adrian Bailey (HOC), the Controller, advised me how many controls we should use and how much of Sutton Park the fastest runners could get round in 1 hour. We made sure that there were some easier controls for younger competitors and novices.

Mel and Barry Elkington were the excellent event organisers and they wisely recruited Graham Urquhart (OD) to produce the results. One consideration was whether to use OD's EMIT kit or COBOC's SI kit. OD use MERCS software which you can use with either system and, as most competitors have SI cards rather than EMIT 'brikkes', we decided to use COBOC's SI kit.

It took me all day to put out most of the controls on New Year's Eve and I still had a few to put out on the day. I was delighted that we had 130 competitors take part. Will Gardner managed to get all 31 controls in a time of 49:34 - quite an achievement given that the optimal route was over 10km! Octavian Droobers won the Laurie Bradley Trophy, Oliver Flippance (OD) won the TSB Trophy and Holly Craig (WCH) won the TSB Mirror Trophy.

In 2019 I found myself agreeing to plan the event for a second time, this time for HOC and Adrian Bailey agreed to be the Controller. Andy Hemsted (HOC) kindly agreed to be the Organiser so I knew I was in safe hands. The area chosen for the event was Baggeridge Country Park. Due to the relatively small size of the area I had originally planned to have a Part A and Part B with around 30 controls in total but in early December Alison Sloman (HOC) e-mailed me pointing out that it was possible to link Baggeridge with Himley to the south. I discussed this with Adrian and Andy and we all felt that despite there being around 700m of path running between the 2 areas this was preferable to running twice around the same area. Adrian advised me not to put too many controls in the far north of Baggeridge and to have a good number of controls in Himley to tempt competitors down into this area.

Alison helpfully updated both maps for us including the re-siting of the temporary fencing of the goat enclosure at Baggeridge just a day or so before we needed to get the maps printed. Due to my lack of experience in using Purple Pen I didn't know how to add the points onto the control descriptions which proved to be a bit of an issue at download. My simple solution was to simply type the number of points per control straight onto the map. Unfortunately this meant the .xml file I sent to Peter Langmaid (HOC), who was in charge of the results, didn't have any points included, so when orienteers came to download the software didn't allocate any points for their efforts! This resulted in large queues at Download while we tried to figure out how we could fix the problem. Thankfully Peter managed to resolve this issue and by the evening all the results complete with points were put up on the HOC website.

Looking at the results I was delighted that, again, just 1 person, Tim Kieniewicz (WRE), had managed to get round all 33 controls in less than 60 minutes. I was also very pleased to see that there seemed to be a usual distribution of points so the use of the 2 areas had been successful. Congratulations to Wrekin who won the Laurie Bradley Trophy this year, Felix Lunn (OD) M18 who won the TSB Trophy and Florence and Tabitha Lunn (OD) W16 who jointly won the TSB Mirror Trophy.

Thanks again to everyone who helped make both the events run smoothly. I shall look forward to taking part again myself in January 2021 having, hopefully, passed on the gauntlet of planning to someone else by then.



Andy Hemsted (HOC) presenting the Laurie Bradley Trophy to Adrian Pickles (WRE)

Photo by Ian Gamlen

Laurie Bradley Trophy 2020 - Baggeridge Country Park (HOC)

Team Scores

1	WRE	5410
2	HOC	4980
3	OD	4770
4	WCH	2300
5	POTOC	1230
6	COBOC	480

Leading Scorers:

Tim Kienewicz	M35	WRE	330
Kin Wai Lee	M21	OD	320
John Embrey	M60	DEE	320
Mark Stodgell	M45	WCH	320
Richard Price	M21	HOC	310
Alex Morgan	M55	HOC	310
Adrian Pickles	M60	WRE	310

Leading Scoring Junior Male:

Felix Lunn	M18	OD	300
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Leading Scoring Junior Female:

Florence Lunn	W16	OD	210
Tabitha Lunn	W16	OD	210

Laurie Bradley Trophy Past Winners

2001	Telford Town Park	OD	2011	Twemlows Big Wood	OD
2002	Swynnerton Old Park	OD	2012	Bathpool Park	OD
2003	Brindley Heath	WCH	2013	Beacon Barracks	OD
2004	Sutton Park	OD	2014	Kingsbury Water Park	OD
2005	Kinver Edge	HOC	2015	Sandwell Valley	OD
2006	Telford Town Park	HOC	2016	Telford Town Park	OD
2007	Tittensor Chase	OD	2017	Bathpool Park	OD
2008	Cannock Chase	OD	2018	Hednesford Camp	OD
2009	Sutton Park	HOC	2019	Sutton Park	OD
2010	Rough Wood	HOC	2020	Baggeridge Country Park	WRE

Gran Canaria Christmas 2019

Ray Collins (WCH)

In 2018 our two sons announced that they were unable to make it home for Christmas and so we had a quiet time by ourselves and decided that there must be an alternative if the situation arose again. Fast forward 9 months and in early September 2019 they made the same announcement but this time we were ready. A visit to [easyjet.com](https://www.easyjet.com) and we were going to Gran Canaria for three weeks taking in not only Christmas but also the New Year. Why Gran Canaria you ask? Quite an easy decision as they were hosting a 4 day orienteering event starting on Boxing day!



Ray at full speed in the terrain

Fast forward another 3 months and we arrived at a cold, wet and windy Manchester Airport, boarded a plane and a few hours later it was warm, sunny and 25 degrees C.

We spent the first few days down South in the main holiday area of Maspalomas visiting the beach, the extensive sand dunes and Puerto Mogan which is a lovely little town with a beach, bars and ancient ruins. Next, we moved into the mountains to be close to the orienteering staying just outside Vega de San Mateo at about 1000m above sea level.

On Christmas day we walked around the Caldera de Bandama which was most impressive. A caldera is a volcano that erupted and then collapsed in on itself when it ran out of lava. This one blew up several thousand years ago so it was quite safe in case you were wondering. After walking around the rim Christine rested her bad knee while I ventured downhill to the crater at the bottom, 200m below. An interesting experience, then it was home for Christmas dinner.

Christmas on GC was a very low key affair with a few bright lights in the major towns but almost non-existent compared with Britain.

Finally on Boxing Day the orienteering started. The first event was a Night Urban race around Santa Brigida. As Chasers have several night street races over the Winter I had had a lot of training for this race. The race all went to plan and I won my course with an indoor finish in the local sports hall, a first for me. There were only three of us (me, a Norwegian and a Czech) on my course and I won by about a minute in a time of 20.21. Every race awarded 1000 points to the winner and fewer as you were further behind with all four races to count. Christine decided to have a go at this event but slipped on the grass and hurt her bad knee and so retired scoring zero points.

The next two events were both high up in the mountains about 20km away which took over an hour to get to as there were so many hairpin bends to negotiate at Llanos de la Pez. Day 2 was a Middle race around a forest with little or no ground cover and so was very fast and often you could see the next control from a long way away. This also went well except I lost about a minute near the end in the only bit of green on the map. This time I came second behind a Finn but by only ten seconds in a time of 26.00. Most annoying.

Day 3 was the Long race and was very hilly. Again it took place in a wonderful forest but there was more ground cover and rocks on this map. Leg two had a massive climb on it, then a down a bit and then another big climb and somehow I lost four minutes on this leg. After this it went very

well until the same block of green from the day before. Again I lost time and again I came second to the Finn. My time was 69.21. A great race on a great area.

Day 4 was a Sprint race in Vega de San Mateo with the assembly and finish in an indoor (handball?) stadium. Even though the Finn had beaten me twice I was well ahead on the scoreboard as he had missed Day 1 so if I did OK I would win overall. As it turned out I had a great run winning the day and coming first overall with the Norwegian second and the Finn third. On my run I carefully checked all the control numbers and made sure I had dibbed correctly as I did not want a silly DSQ.

This day I finished in 15.13. Another indoor finish, a second for me. Each day the event offered a free massage and today I took advantage of this. I expected pain but it was just a leg rub really.

After everyone had finished they had the prize giving. The first three on every course received a medal and a big box that had a bottle of wine, some beer, several 'Appletiser' drinks, a cap, a buff, lots of aching leg creams, some gofi (look it up), a packet of lavender and several others things. My bonus for winning was a packet of 20 very nice cakes that we were forced to eat over the next few days.

As I was walking back to my seat they announced that Christine had come second overall on her course with zero points, so another box of goodies was received. There were only two ladies on her course. The other West Midlander at the Event, Mike Snell of OD, came 3rd on his course and also received a box of goodies. Three West Midlander won three prizes - a good result.

One interesting fact about the 'O' was that we lived 'near' the events in the mountains while Mike was down on the coast but it took similar times each day to travel to the events. Next time we will stay at the sea-side and travel me thinks.

Overall I really enjoyed the events and will certainly think about a return visit next time we are abandoned for Christmas.

On New Year's Eve we went up on our roof to watch the firework display in Las Palmas. This was proceeding nicely when we heard a 'bang'. A good firework display in Las Palmas and in many locations around the island and then we went back downstairs to our flat. The 'bang' turned out to be our front door closing in a wind locking us out. Twelve minutes into 2020 and we are locked out. I know, I thought, I will nip next door and see if the owner is there tonight. No, the front door is locked as well.

Usually I put our key in the lock on our side of the door so I know where to find it, so that might turn out to be a problem. I then phoned the owner who was sober, luckily, and she came over and let us in. For some unexplained reason I had not left the key in the lock so she opened the door without a problem. We had speculated on the chances of pushing our key out of the hole and getting hers in....zero was our guess. We never left the flat without the key again!

After New Year we went to Agaete and had a lazy time visiting the beach and the local ruins. One day I did a long walk up to the top of Tamadaba at 1455m from sea level but on the way back after 24km I managed to catch a bus that saved my legs. En route I passed lots of cave houses at El Hornillo and much of it was walking through pine forest, as nice as the ones used for the orienteering, with great views all the way.

Rather than celebrate Christmas the way we do their big day is Epiphany. We were treated to a small carnival on 5 January and on the 6th they receive their gifts with parties being held all over town.

After three weeks away we flew back home into a cold, wet and windy Manchester airport. Reality returned - nothing had changed, particularly the weather.

British Orienteering National Development Conference 2020



I was encouraged to attend the above Conference by Natalie Weir, the England Development Officer. The programme was of interest to me particularly the Club Volunteer Experience Workshop and the Club Marketing and Communications. They also had a slot for club presentations so I offered to share COBOC's experience of running Beginner, Family and Schools Events which was accepted.

It took place at the YHA National Forest near Swadlincote which is a great place to stay. I was surprised to find that only 32 delegates had signed up for the National Conference.

Peter Hart, British Orienteering Chief Executive, welcomed delegates and discussed the strategic refresh of the current Development Plan. He was followed by Tim Herod, English Development Officer, who demonstrated how data from membership and events can be shared between BOF and clubs to help clubs to develop. All club Chairs and Secretaries can access this for their own

clubs. He then described his involvement with SELOC who have tried to attract new members aged 55 plus by putting on events in local parks in Bolton during the week. He encouraged all clubs to take part in World Orienteering Day pointing out that activities can take place any time that week. He ended his session highlighting the accessible training that BOF has to offer including the BOF YouTube Channel and Webinars such as Planning Courses using Purple Pen.

After lunch Grace Molloy (FVO) described her orienteering experiences to date, which included being part of the British relay team that won the Junior World Orienteering Championships in Poland last year. It was both moving and inspirational to hear such enthusiasm about orienteering from the 19 year old who has achieved so much in such a short space of time. She described how she has benefitted from joining the Finnish Club Kalevan Rasti in terms of training and opportunities. She encouraged clubs to continue to put on regular high quality events, provide financial support, assist with travel and for experienced members to share their wisdom.

John Mills from Club Matters led a Club Volunteer interactive workshop which I really enjoyed. In our groups we discussed how to ensure that volunteers feel recognised, rewarded and part of the team. He also highlighted the importance of having a volunteer co-ordinator within each club and how job roles and descriptions can be used to assist those who volunteer.

The final session on Saturday was Club presentations. The first was from Pendle Forest Orienteering Club. Like SELOC they have decided to try and attract adult beginners into their club. They planned mid-week, daytime park events on 4 consecutive weeks in the same location. 21 participants came to at least 3 of the 4 sessions. The 2nd set of 4 week sessions attracted some home-schooled families and 1 family has joined the club as a result.

I presented the City of Birmingham Orienteering Club (COBOC) Beginner, Family and Schools Events which we have been running since 2017. These take place once a month on a Saturday from 1-3pm in various parks in North Birmingham and Sutton Coldfield. We initially sent leaflets to local schools, but more recently have relied on emailing participants from previous events and Facebook to publicise the events. In 2018-19 we held 9 events and, on average, had 34 participants (8 adults and 26 juniors) at each event. Most have not yet joined COBOC through BOF but we are working on this.

Bristol Orienteering Klub have launched an initiative called 'Track to Terrain'. These are 4 weekly evening sessions held in Ashton Court and Leigh Woods introducing newcomers into orienteering. It was aimed at 18-65 year olds wanting to get fit and up to 15 people could take part. Further training sessions are planned.

Andrew Evans from the Orienteering Foundation described its aims and objectives which include: supporting youth development such as coaching at Lagganlia; supporting new University Clubs; support for Elite Orienteers; support for IT developments; Club development and adult coaching. Clubs can apply for grants for development projects.

Having been cooped up all day many of us took advantage of a run around some of the National Forest before the Saturday evening meal. This was followed by a fun filled quiz evening which involved both physical and mental challenges organised by Ric Gamble and Peter Brooke.

On Sunday Steve Fairhurst from 'Be More Cheetah' provided an amusing and thought provoking presentation on club marketing and communications. He pointed out that orienteering has a bit of an image problem, demonstrating this brilliantly first by showing a picture of old men with rucksacks gazing at large OS maps followed by a video clip showing young orienteers running fast over difficult terrain with exciting music playing. He highlighted that orienteering can appeal to a broad range of people such as fitness fanatics, adrenaline junkies, explorers, families, gym and jogging avoiders, friends get-togethers, team building, those wanting to escape and those wanting to de-stress.

Steve mentioned the various forms of social media, such as Facebook, Twitter, LinkedIn, YouTube, Instagram, Pinterest and how clubs can use these to attract greater participation in orienteering. Make sure that everything you post is relevant, useful and interesting. Use pictures/video clips and keep it short and sweet.

Finally Phil Conway from British Orienteering presented the current BOF Youth Strategy. The objective is to raise junior membership to 1/3 by 2025. Currently it is around 25% but participation is around 20%. He urged all clubs to consider ways in which they can get more juniors into orienteering.

I was very glad to have taken part in the 2 day Conference and came away feeling enthused and optimistic about the future of orienteering. I thought it was a shame that more people had not attended to share in the experience. I often hear other orienteers complain that British Orienteering is out of touch with ordinary orienteers. I think it is up to us to make sure that it isn't by interacting with them, letting them know what we are doing and seeking their support. I have links to most of the presentations so if anyone would like any further details please feel free to e-mail me at: ian.gamlen@gmail.com

Ian Gamlen (COBOC)



2020 CompassSport Cup/ Trophy Draw

Organising Club & Region	Area	Cup	Trophy
HOC (WMOA)	Postensplain	OD	COBOC, ERYRI, HOC , POTO, WCH, WRE
Cup: This is a walk-over for OD who are also the organising club for the final. Trophy: If HOC win then the second placed team qualifies for the final.			
EPOC (YHOA)	Fixby and Bradley	AIRE, CLOK, DEE, DVO, EBOR, SYO	CLARO, EPOC, LOG, HALO, NATO, NOC, NN, PFO, SELOC,
Cup: The top two teams go through to the final, with the third placed team as well if SYO finish first or second. Trophy: The first and second placed teams qualify for the final (8 clubs rule).			
LOC (NWOA)	Breasty Haw	LOC, MDOC, WCOC	BL, SOLWAY, SROC
Cup: The winning team qualifies for the final. Trophy: The winning team qualifies for the final.			
LOK (SEOA)	Hampstead Heath	HH, SLOW, SN, SO , TVOC	CHIG, DFOK, GO, LOK, MV, SAX,
Cup: The winning team qualifies for the final. If SO win then the second placed team also qualifies for the final. Trophy: The winning team qualifies for the final.			
NGOC (SWOA)	Coopers Hill	BKO, BOK, DEVON, NGOC, QO	BADO, KERNO, NWO, SARUM, SBOC, SOC, SWOC, WIM, WSX
Cup: The winning team qualifies for the final. Trophy: The first and second placed teams qualify for the final (8 clubs rule).			
SMOC (EAOA)	Aspley Heath	LEI, NOR, WAOC	HAVOC, SMOC, SOS, SUFFOC,
Cup: The winning team qualifies for the final. Trophy: The winning team qualifies for the final.			
STAG (SOA)	Errochty	ESOC, FVO , MAROC,	BASOC, CLYDE, ELO, GRAMP, INT , INVOC, KFO, MOR, RR, STAG, TAY
Cup: The winning team qualifies for the final. If FVO win then the second placed team also qualifies for the final Trophy: The first and second placed teams qualify for the final. If INT win or come second then the first three teams qualify for the final (last year's top 3 finalist and 8 clubs rule).			

Galoppens and Leagues -How the Other Regions Do It

A review of League competitions held in the other regions.

Cumbrian Galoppen

The annual Cumbrian Galoppen series usually consists of ten events, staged by the three main Cumbrian Clubs, BL, LOC and WCOC and spread throughout the year. Scores are allocated to runners from the Cumbrian Clubs according to their position in the results for the seven colour-coded courses usually offered. (99 points for the first placed runner, 98 for the second placed etc.) A league is maintained with individuals' scores listed and then their best five scores producing their Galoppen total for the year. The individual (both male and female) winners on each colour course are declared and Compass Point award a voucher to the junior winners.

The club competition, for the Borrowdale Trophy, is the highest total score for the best five competitors for each club on each of the seven colour-coded courses. A club team would, therefore, have a maximum of 175 scores possible to total to produce the club score.

East Anglian League

Course	M classes	W classes
Brown	Open Vet (40+)	
Blue	Super Veteran (55+)	Open Veteran (40+)
Green	Ultra Veteran (65+) M16	Super Veteran (55+) W16
Short Green	Hyper Veteran (75+)	Hyper Veteran (75+)
Light Green	M14	W14
Orange	M12	W12
Yellow	M10	W10

There are a set of fairly complicated rules with regards running up or down which are probably easier to understand by looking at the EAOA website:

<http://www.eaoa.org.uk/EALrules.pdf>

At the end of the year, your total score is determined by adding up your four highest scores. In order to win your age class, you must have attended a minimum of 3 events over the year (this may be reduced if there are fewer than 7 events).

Officials' Points

The Controller, Planner and any non-competing Organiser, SI manager or lead Mapper at each EAL event will be awarded a score equal to their highest score they achieved at any other EAL event during that year.

Champion Club Competition

At the end of the year each club will gain points as follows:

Club Points = total points of all club members ÷ number of members

The number of members used is the number of members submitted for BOF capitation purposes for the previous year.

East Midlands League

The East Midlands League is an informal competition with no entry forms or entry fees which is open to all members of East Midlands Orienteering Clubs and affiliated schools and groups. To take part you simply compete as an individual at the events within the region which have been nominated as part of the League. Once you have run a given colour on at least two occasions, you will be automatically included in the league for that course. There will be a handicapping system to enable Juniors, Seniors and Veterans to compete against each other with a fair chance of success.

There are 15 events included in the League so in each league the best 8 events will be counted.

Inclusion in the League is automatic.

Rules:

1. The League will take place at a number of specified Level C events and will be open to all members of EMOA clubs and affiliated schools and groups.
2. The League will comprise 16 leagues, with separate Male and Female leagues on the Colour - Coded courses: White, Yellow, Orange, Light Green, Short Green, Green, Blue and Brown. Any member may participate in any of the Colour-Coded leagues, with the exception that M/W 14s and above who are members of the EM Junior Squad will not be counted as competitors in the Orange league or below. When a person has run a given Colour Coded course at 2 League events he/she will be included as a participant in that league. A person may compete in more than one Colour league, both within the League as a whole and at any individual event, only the first course tackled will be deemed to be included. No person will be given more than one prize at the end of the League.
3. A competitor's total score will be the sum of his/her best eight event point scores calculated as below.
4. At each event points will be allocated to each participant as follows:
 - i. The race time of each competitor will be adjusted by an age-based percentage handicap (see below).
 - ii. The winner of each course on the basis of these adjusted times will be given 1000 points.
 - iii. Other competitors will be given points according to the formula: competitor's score = $1000 \times \text{winner's adjusted time} / \text{competitor's adjusted time}$
5. The percentage handicap adjustments will be as follows: M/W 10 & below: 62% M/W 12: 68% M/W 14: 73% M/W 16: 79% M/W 18: 85% M/W 20: 94% M/W 21: 100% M/W 35: 94% M/W 40: 88% M/W 45: 82% M/W 50: 76% M/W 55: 71% M/W 60: 65% M/W 65: 60% M/W 70: 55% M/W 75 & above: 50% The above adjustments will be applied to the race time of all competitors on all courses, with the exception that any Senior or Veteran competing on White, Yellow or Orange courses will be given a handicap of 100%.
6. The age class used for each person will be that which applies at the date of the event.
7. The Organisers cannot guarantee to include competitors whose full details (name, sex & age class and club) do not appear in the official results of a given event. If a competitor uses different names at different events the computer will assume that they are different people. Please use the same details at all events!

8. Appeals against the results of any event in the League should be made in the first instance to the Organisers within 10 days of publication. If necessary, the Organisers will refer the appeal to the EMOA Committee.

North East Orienteering League

Classes and course assignments

Event Organisers are responsible for assigning courses to classes, and advertising that assignment in advance as the one that will be used to determine the league results.

The suggested assignments for a Colour-Coded event are as follows:

Age Groups

Yellow	M10, W10
Orange	M12, W12
Light Green	M14, W14,
Short Green	Ultra Veteran (W65+), Hyper Veteran (M75+, W75+)
Green	Ultra Veteran (M65+), Super Veteran (W55+), M16, W16
Blue	Super Veteran (M55+), W Open, Veteran (W40+)
Brown	M Open, Vet (M40+)

Scoring

Within each class, 100 points for the winner, 99 for second, 98 for third and so on.

Running up

Runners score in all the classes for which they are age-eligible on the course that they run at a given event, and are eligible for the overall league in any class that they have scored points in based on the above. Examples:

- An M40 running the Brown colour-coded course is eligible for both the Open and Vets (40+) classes, and could conceivably win the overall or place in both.
- A W55 running the Blue colour-coded is eligible for both the Open and Vets (40+) classes, but is not eligible for any Super Vet (55+) class.

Northern Ireland Series

The Northern Ireland Series is based on Colour-Coded courses.

Points: are calculated only for NIOA members and separately for Males and Females. The computation is: $P = (\text{Standard Time} / \text{Your Time}) \times 100$ where Standard Time is that of the 1st NIOA competitor of your gender on the respective course.

Event officials and those unable to compete on their normal colour-coded course if a Home International is taking place alongside receive points equal to their best performance in the other rounds.

SCOA League

The SCOA League is a competition based on performance at a number of events held throughout the region and runs annually between early Autumn and early Summer.

Individual Competition

- The League applies to the White, Yellow, Orange, Light Green, Short Green, Green, Blue and Brown courses. Points are not transferable between courses.

- Only members of SCOA on the day of the competition score points. This means that the association for your BOF membership must be SCOA, it will no longer suffice just to be a member of a SCOA club.
- Runners over 16 years of age will not score on the White, Yellow or Orange courses
- Runs must be made alone and unassisted to score.
- If a competitor runs more than one course at an event, only the first run will count.
- The winner of each course gets 100 points per event, with other scores scaled pro-rata based on the time taken.
- Total score is based on your best results for 50% (rounded up to the next whole number) of all the events e.g. best 4 of 7 events.
- Event officials (Organiser, Planner and Controller) will be awarded 100 points for officiating at a SCOL event. These will only be awarded for one event per season.

Club Competition

There is an inter-club competition based on the SCOA League.

- Club scores are the sum of the individual scores, divided by the number of runners.
- Individual scores are increased according to the number of runners from each club taking part in the event. The extra points are awarded at the rate of 1 point for every four runners at the event, ie if there are twelve runners from a club then each runners score will be increased by three points before calculating the club score. This is to reward clubs that have a large turnout rather than just a few very good runners who score a lot of points.

The South East League

This is an annual competition between the member clubs of the SEOA. It runs over each Autumn/Winter/Spring season. The league is based on events approved by SEOA.

There is a separate league for individuals based on the SE League events in a calendar year.

Since 2011 the league has been split into two divisions, two clubs are relegated and promoted each season. Clubs tied at the top of either league share the trophy. If a tie-breaker is required to decide which club is promoted/ relegated then the total accumulated points over the season shall be used to determine this.

The scores for each competitor from a given club are then added together to give a score for each club. In each division the clubs are then ranked by score and SE League points are awarded as follows. 7 points for the top club, then 6,5,4,3,2 and 1 points respectively for the following clubs. At the end of the season, the club with most points is the winner.

Anyone completing any course at any South-East League event scores at least one point. Runs on the String course and any novice courses score one point, non-running helpers are awarded points based on average scores from the previous season.

South East Individual League

The South-East Individual League is a league for individuals affiliated to the SEOA. It uses the same events as the SE League but runs over a calendar year.

There is a separate competition for each age/gender class. The individual scores used for the Club League are ranked in order, and the competitor with the highest score gets 100 points, the next 99 points and so on (there are several ways in which the scores are adjusted for Club League purposes; these are ignored for Individual League purposes). Where there is a tie, both competitors get the higher number of points. This methodology enables orienteers who compete

in different courses to be compared. However, if you run up, you may run slower, and consequently get fewer points than a rival in the same age group.

Your total for the year is based on your best results, depending on how many events there are.

Scottish Orienteering League

The Scottish Orienteering League (SOL) provides a series of high quality events throughout Scotland's countryside. High quality venues, maps and quality courses are the key aims and each of the annual six events is organised and hosted by a different Scottish club.

Based on Colour-Coded courses, a competitor's total SOL score from the season will be the sum from the best 4 events. All entrants who are members of SOA are eligible.

South West League

This is an annual competition running from September to Spring based on scores from a series of colour-coded events.

1. Points are awarded only on the Brown, Blue, Green, Short Green, Light Green, Orange and Yellow courses at SW League events.
2. Only members of SWOA on the day of the event score points. Runs must be alone and unassisted for the competitor to score. Only a competitor's first run counts.
3. On each course the fastest SWOA competitor earns 1000 points. Other competitors are awarded points using this calculation: $\text{Points} = 1000 \times \text{fastest time} / \text{competitor's time}$. Points are not transferable between courses.
4. The results of competitors who have not completed three or more events on the same colour course will not count in the calculation of the final scores for the series; points will be recalculated omitting those competitors' times.
5. The best five from nine events shall be used to calculate the score for the series. If for any reason there are a different number of events the number to count shall be: six from ten, five from eight, four from seven, four from six.

Welsh League

The events that count towards the League are normally all Welsh Regional and National Events.

Categories are Men and Women:

Junior (18-)	Super Veteran (50, 55, 60)
Senior (21, 35, 40)	Ultra Veteran (65+)
Veteran (40,45)	

Yorkshire Superleague

The Superleague is open to all with all age classes from M/W 10 to M/W 80. It runs on a calendar year basis and includes around nine nominated fixtures across the YHOA region.

Individuals are eligible for the relevant age class based on their age on 1 January of the year of the competition. They will score only in their age class, even if they run up or down. There will be no separate Long and Short categories.

Individuals will automatically get a placing in the league once they have completed two or more events successfully.

Organisers, Planners and Controllers of Superleague events will be allocated points equal to their average counting Superleague points gained in the previous year. The average will be based on their best 5 scores if they have done more than 5. If an Organiser chooses to run at his/her event, he/she will be given points gained from that event rather than the average from the previous year.

The West Midlands League 2019 Final Positions

1. OD 7432				2. WRE 6921				3. HOC 6647			
A	Max Straube-Roth	M10	498	A	Grace Allinson	W10	500	A	Sebastian Mitchell	M16	485
A	Florence Lunn	W16	487	A	Harriet Allinson	W10	484	A	Alexander Mitchell	M18	485
B	Tom Jeffries	M45	500	B	Thomas Lewis	M21	474	B	Robert Rose	M35	377
B	Rob Bambrook	M45	490	B	Steve Parker	M45	400	B	Benjamin Rauffet	M21	343
C	Alistair Landels	M50	492	C	Clive Richardson	M50	500	C	Alex Morgan	M55	500
C	Chris McCartney	M50	490	C	Tony Callow	M50	46	C	Ian Chafer	M50	431
D	Lesley Ross	W50	500	D	Diane Jacks	W50	497	D	Kerstin Mitchell	W50	461
D	Liz Phillips	W50	498	D	Julia Allinson	W40	420	D	Marian White	W55	302
E	Robert Brandon	M70	500	E	Derek Turner	M75	500	E	Alison Sloman	W80	500
E	Peter Carey	M75	500	E	Andrew Clough	M60	492	E	Geoff Trewin	M65	485
F	Sheila Carey	W70	500	F	Adrian Pickles	M60	457	F	Arthur Mitchell	M14	480
F	Roger Hailey	M80	497	F	Jeff Haycock	M75	442	F	John Pearson	M70	476
F	Susan Hallett	W70	496	F	John Broadhead	M60	438	F	Lesley Brown	W65	459
F	Hilary Simpson	W80	495	F	Rod Postlethwaite	M65	430	F	Barry Houghton	M70	448
F	Keith Willdig	M70	489	F	Katie Lewis	W35	418	F	Andrew White	M60	415
4. WCH 6642				5. PTOC 5550				6. COBOC 1903			
A	Jonah Hearn	M10	500	A	Daniel Pigott	M10	348	B	James Thomas	M21	386
A	Oscar Barnby	M12	500	A	Edith Pigott	W10	160	B	Emils Vainovskis	M21	181
B	Dan Findlay-Robinson	M35	449	B	Robert Holdway	M35	492	C	Ian Gamlen	M50	440
B	David Dunn	M40	409	B	Martin Pigott	M40	400	E	Mick Sadler	M70	370
C	Andrew Yeates	M55	372	C	Jim Cooke	M55	374	E	David Arnott	M70	230
C	Ian Hughes	M55	252	C	Jonathan Whilock	M50	141	F	Richard Burnett	M60	227
D	Melanie Hearn	W45	500	D	Elizabeth Bales	W55	479	G	Richard Beamish	M65	69
D	Sally Hughes	W45	329	D	Ellie Bales	W20	180				
E	Ray Collins	M60	500	E	Henry Morgan	M60	483				
E	Hazel Waters	W65	500	E	Paul Graetz	M70	462				
F	Mary Adams	W60	497	F	Marian Denham	W70	428				
F	Chris Boycott	M75	478	F	Dave Bales	M60	412				
F	Jonathan Howell	M65	470	F	Andrew Rowe	M40	400				
F	Carol Dredge	W60	449	F	Jean Rostron	W75	398				
F	Euan Barnby	M10	437	F	Austin Farr	M75	393				

2019 West Midlands League Events

Jan 13	Beaundesert	WCH	May 12	Park Hall	POTOC
Jan 20	Boreatton Park	WRE	Oct 6	Oldacre Valley	WCH
Feb 3	Hartshill Hayes	OD	Oct 27	Brandon Woods	OD
Feb 10	Callow Hill North	HOC	Nov 10	Titterstone Clee	HOC
Mar 3	Badgerslade	WCH	Nov 17	Long Mynd NE	WRE
Apr 7	Arrow Valley	HOC	Dec 8	Sherbrook	WCH

Individual Class Winners

M10	Jonah Hearn	WCH	500	W10	Grace Allinson	WRE	500
M12	Oscar Barnby	WCH	500	W12	Darcy Dunn	WCH	340
M14	Arthur Mitchell	HOC	480	W14	Josie Smart	OD	356
M16	Sebastian Mitchell	HOC	485	W16	Florence Lunn	OD	487
M18	Alexander Mitchell	HOC	485	W18			
M20	Sam Leadley	OD	472	W20	Ellie Bales	POTOC	180
M21	Thomas Lewis	WRE	474	W21	Ka Man Leung	OD	260
M35	Robert Holdway	POTOC	492	W35	Katie Lewis	WRE	418
M40	David Dunn	WCH	409	W40	Anne Straube	OD	444
M45	Tom Jeffries	OD	500	W45	Melanie Hearn	WCH	500
M50	Clive Richardson	WRE	500	W50	Lesley Ross	OD	500
M55	Alex Morgan	HOC	500	W55	Liz Phillips	OD	498
M60	Ray Collins	WCH	500	W60	Mary Adams	WCH	497
M65	Geoff Trewin	HOC	485	W65	Hazel Waters	WCH	500
M70	Robert Brandon	OD	500	W70	Sheila Carey	OD	500
M75	Peter Carey	OD	500	W75	Diana Hailey	OD	400
M80	Derek Turner	WRE	500	W80	Alison Sloman	HOC	500
M90	Philip Broadhead	WRE	400				

2020 West Midlands League Events

Jan 5	Brindley Heath	WCH	Oct 11	Haywood Warren	WCH
Jan 26	Wrockwardine Wood	WRE	Nov 15	(tbc)	HOC
Feb 2	Hartshill Hayes	OD	Nov 22	Park Hall	POTOC
Apr 19	Badgerslade	WCH	Nov 29	Nesscliffe & The Cliffe	WRE
Jul 12	Burton Dassett	OD	Dec 6	Brandon Wood (tbc)	OD
Sep 20	(tbc)	HOC			

The West Midlands League 2020 after 3 events

1. WCH 3478				2. OD 3392				3. HOC 2731			
A	Oscar Barnby	M14	300	A	Matt Bambrook	M16	230	A	Kieran Rose	M14	126
A	Jonah Hearn	M12	270	A	Luke Cherry	M16	200	A	Sebastian Mitchell	M16	100
B	Mike Barnby	M40	294	B	Rob Bambrook	M45	200	B	David Aldridge	M40	178
B	Iain Stamp	M40	276	B	Andy Cherry	M45	165	B	Robert Rose	M40	80
C	Mike Musters	M55	152	C	Chris McCartney	M50	293	C	Ian Chafer	M55	216
C	Matthew Mardling	M50	80	C	Tom Jeffries	M45	195	C	Alex Morgan	M55	197
D	Melanie Hearn	W45	280	D	Jill Emmerson	W55	269	D	Miranda Mackereth	W55	255
D	Sally Hughes	W50	249	D	Joanne Leigh	W50	218	D	Eloise Lee	W21	193
E	Hazel Waters	W65	300	E	Andy Emmerson	M60	253	E	Paul Basher	M65	260
E	Mary Adams	W60	285	E	John Bowman	M75	249	E	Barry McGowan	M70	213
F	John Griffin	M65	202	F	Stan Alexander	M65	229	F	Alison Sloman	W80	200
F	Fraser Stamp	M10	200	F	Mike Snell	M60	227	F	Robert Vickers	M75	197
F	Holly Stodgell	W18	200	F	Barry Elkington	M60	223	F	Robert Scott	M70	189
F	Henry Webb	M18	196	F	Chris Dwyer	M65	222	F	John Leeson	M60	173
F	Mark Garside	M60	194	F	Rachel Alexander	W60	219	F	Stephen Nightingale	M70	154
4. WRE 2708				5. POTO 1431				6. COBOC 720			
A	Harriet Allinson	W12	160	A	Alex Evans	M16	100	B	James Thomas	M21	200
A	Grace Allinson	W12	151	A	Eden Pigott	W10	100	C	Ian Gamlen	M55	173
B	Kristof Nowicki	M35	200	B	Graham Pigott	M35	95	E	David Arnott	M70	179
B	Tim Kieniewicz	M35	190	B	Richard Pigott	M40	92	E	Richard Burnett	M65	103
C	Marcus Tett	M55	194	C	Jim Cooke	M55	153	F	Mick Sadler	M70	65
C	David Pal	M50	179	D	Ianka Evans	W50	84				
D	Delia Kingsbury	W55	193	E	Gerard Riley	M60	179				
D	Katie Lewis	W35	180	E	Marian Denham	W70	137				
E	Chris Rose	W65	200	F	Dora Deaville	W65	120				
E	Adrian Pickles	M60	183	F	Barbara Farr	W75	100				
F	Jeb Lewis	M45	189	F	Paul Graetz	M70	92				
F	John Broadhead	M65	181	F	Martin Pigott	M45	90				
F	Diane Jacks	W50	179	F	Robert Holdway	M35	89				
F	Tony Callow	M50	169								
F	Ian Hopkins	M50	160								

WMOA Fixtures

February to July 2020

Please note all Fixtures are correct at the time of publishing. Please check club websites for further details.

2020

February

27	HOC Local	HOC Winter Evening League Event Kinver North	Kinver	SO831834
29	COBOC Local	Beginners, Schools and Families Event Handsworth Park	Birmingham	SP050898

March

5	HOC Local	HOC Night Street League Event Worcester City Centre	Worcester	SO849552
14	OD Local	OD Saturday Morning Event (incl.School Champs) Ryton Pools	Coventry	SP370724
19	HOC Local	HOC Night Street League Event St Johns Worcester	Worcester	SO836542
26	POTOC Local	Staffordshire & Stoke-on-Trent Schools Championship Central Forest Park	Hanley Stoke-on-Trent	SJ886487
28	COBOC Local	Beginners, Schools and Families Event Rectory Park	Sutton Coldfield	SP128966

April

5	WRE Regional	WRE West Midlands Urban League 1 Woodside	Telford	SJ638042
18	OD Local	OD Saturday Morning Event Bructon Park	Solihull	SP162790
18	POTOC Local	POTOC Local Event Barnswood Scout Camp	Leek	
19	WCH Regional	WCH West Midlands League 4 & Yvette Baker Trophy Heat Badgerslade	Cannock	
25	COBOC Local	Beginners, Schools and Families Event New Hall Country Park	Sutton Coldfield	SP129944

26	OD Regional	OD Midland Sprint Meet - Daventry Meet The Grange (TBC)	Daventry	SP561620
26	OD Regional	OD Midland Sprint Meet - Coventry Sprint Relay University of Warwick (TBC)	Coventry	SP297768
29	OD Local	OD Summer Evening Event Croft Preparatory School	Stratford on-Avon	SP229546

May

2	POTOC Local	POTOC Local Event Berryhill Fields	Hanley Stoke-on-Trent	SJ904463
6	OD Local	OD Summer Evening Event National Herb Centre	Warmington	SP410471
13	OD Local	OD Summer Evening Event & WOD Abbey Fields & Kenilworth Urban	Kenilworth	SP287723
16	COBOC Local	West Midlands Schools Champs and Beginners and Families Event Sandwell Valley	West Bromwich	
20	OD Local	OD Summer Evening Event (TBC)		
23	POTOC Local	POTOC Park Series 1 Central Forest Park	Hanley Stoke-on-Trent	SJ886487
27	OD Local	OD Summer Evening Event Coombe Abbey Country Park	Coventry	SP404790

June

3	OD Local	OD Summer Evening Event Itchington Holt	Harbury	SP369557
6	POTOC Local	POTOC Park Series 2 Tunstall Park	Tunstall Stoke-on-Trent	SJ865514
7	OD Regional	OD West Midlands Urban League 2 Hinckley Town Centre	Hinckley	
10	OD Local	OD Summer Evening Event Babbs Mill Park	Solihull	
14	HOC Regional	HOC West Midlands Urban League 3 Birmingham City Centre	Birmingham	
17	OD Local	OD Summer Evening Event St Nicholas Park	Warwick	SP286649
20	POTOC Local	POTOC Park Series 3 Florence and Longton	Longton Stoke-on-Trent	SJ910418
24	COBOC Local	Sutton Park Gates Run Sutton Park Town Gate	Sutton Coldfield	

28	WRE Local	WRE West Midlands Relays Severn Valley Country Park	Bridgnorth	SO747829
July				
1	OD Local	OD Summer Evening Event Tudor Grange	Solihull	SP145794
4	POTOC Local	POTOC Park Series 4 Festival Park	Hanley Stoke-on-Trent	SJ870482
5	WCH Regional	WCH West Midlands Urban League 4 Heath Hayes	Cannock	
8	OD Local	OD Summer Evening Event Hartshill Hayes Country Park	Nuneaton	SP317942
12	OD Regional	OD West Midlands League 5 Burton Dassett Hills Country Park	Southam	SP396519
15	OD Local	OD Summer Evening Event Brueton Park	Solihull	SP162790
18	POTOC Local	POTOC Park Series 5 Fenton Park	Fenton Stoke-on-Trent	SJ896449
22	OD Local	OD Summer Evening Event Rough Close Scout Camp	Coventry	SP317942

Embargoed Area

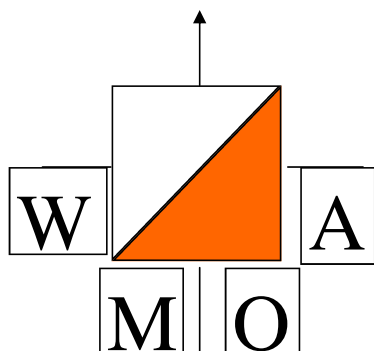
The CompassSport Cup/ Trophy Final next year is to be held at Sutton Park on 18 October 2020. The area is embargoed for competitors from any competing clubs until that date.



West Midlands Urban League 2020

Date	Event Venue	Club
5 April	Woodside, Telford	WRE
7 June	Hinckley Centre	OD
14 June	Birmingham Centre	HOC
5 July	Heath Hayes	WCH
16 August	Daventry (tbc)	OD

Full results and tables can be found on the UK Urban League website at:
<http://www.oxfordfusion.com/ukul/index.cfm?&Org=8>



Saturday 28th March 2020

LEVEL C
EVENT ORGANISERS
COURSE 09-12.00 approx.

EVENT SAFETY
and WELFARE WORKSHOP
 13.15-16.15 approx

Venue; John O`Leary Centre,
 Marquis Drive Visitor Centre,
 Cannock Chase,
 WS12 4PW
 Grid Ref; 003154

Level C Organisers Course.

Please arrive by 08.45 for coffee / tea and introductions for a 09.00 start.

Be prepared for about 30 minutes spent outside, whatever the weather.

Pencil / pen and notebook or paper will be useful.

Please bring your British Orienteering membership number.

Please bring with you:

BOF Rules and Guidelines if you have them all, if not you can download the most significant ones from the BOF website. The site can be found at www.britishorienteering.org.uk . You then need to navigate through Events and Regulations to find Rules, Appendices and Guidelines.

Event Safety and Welfare Workshop

Please arrive by 13.00 for coffee / tea and introductions for a 13.15 start.

Pencil / pen and notebook or paper will be useful.

Please bring your British Orienteering membership number.

Course tutors; Henry Morgan (POTOC)

Brenda Morgan (POTOC)

CONTACT: shenrymorgan@yahoo.co.uk or 07910 859932